

## Psalm 16v1-11, Acts 2v22-33, 13v34-37

Both the apostles Peter (Acts 2v25-28,30-31) and Paul (Acts 13v35) confirm that Psalm 16 is a Messianic Psalm, speaking of Messiah's resurrection and subsequent exaltation at God's right hand.

**Title : Michtam of David** – a golden Psalm (also Psalms 56-60).

**v1-7: The pilgrim character of the godly believer / Lord Jesus**

It is *the pathway of trust*, beginning with the Lord Jesus as *the dependent Man*.

**v8-11: The resurrection & exaltation of Christ**

It is *the pathway of triumph*, leading for the Lord Jesus to the Father's right hand, He is the *risen, exalted & glorified Man*.

**v1: Preserve me, O God: for in thee do I put my trust.**

**Absolute dependence upon our God to be kept**

**The Lord Jesus is the dependant Man**

A prayer to God (El) from the godly believer walking a pilgrim pathway in this world, depending & trusting wholly on his God for preservation.

Possibly quoted in Heb 2v13 concerning the Lord Jesus.

He moved in acknowledgement that "**the Head of Christ is God**" (1<sup>st</sup> Cor 11v3), i.e. the truth of Headship.

Psalm 118v8: "**It is better to trust in the LORD than to put confidence in man**".

**v2: O my soul, thou hast said unto the LORD (Jehovah), Thou art my Lord (Adonai, sovereign Lord / Master): my goodness extendeth not to Thee.**

**Absolute submission to our Lord**

**The Lord Jesus is the obedient Man**

The truth of Lordship, "**He is Lord of all**" (Acts 10v36).

The Lord Jesus moved with absolute submission & obedience to the will of His Father.

**v3: But to the saints that are in the earth, and to the excellent, in whom is all my delight.**

**Absolute appreciation for the saints of God**

**The Lord Jesus is the delighted Man**

The delight God will have in us will be in the measure that we are reminding God of His own dear Son.

We need to similarly appreciate God's people as "**the saints**" & "**the excellent**".

**v4: Their sorrows shall be multiplied that hasten after another god: their drink offerings of blood will I not offer, nor take up their names into my lips.**

**Absolute separation from idolatry and from all that is false**

**The Lord Jesus is the separated Man**

God demands that we keep separate from all that is rejected & hated by Him.

**v5: The LORD is the portion of mine inheritance and of my cup: thou maintainest my lot.**

**Absolute satisfaction in the things of God**

**The Lord Jesus is the satisfied Man**

The godly believer who takes the path of the pilgrim, will find all their portion & satisfaction (their cup) in the things of their God.

For the Levites, the Lord was their portion (Num 18v20); the Lord Jesus was the true Levite.

*v6: The lines are fallen unto me in pleasant places; yea, I have a goodly heritage*  
**Absolute contentment in our blessings received from God**

**The Lord Jesus is the contented Man**

We enjoy a settled peace spiritually, we know real spiritual contentment, as we bask in all the blessings God has bestowed upon us.

We need to appreciate the goodly spiritual heritage we have been given (2<sup>nd</sup> Tim 3v14).

*v7: I will bless the LORD, who hath given me counsel: my reins also instruct me in the night seasons.*

**Absolute guidance & instruction from our God**

**The Lord Jesus is the instructed Man**

He received daily instruction from His God and did not rebel (Isaiah 50v4-5).

We need divine counsel & instruction from the Word of God.

*v8: I have set the LORD always before me: because He is at my right hand, I shall not be moved.*

**Absolute resolution based on communion with God the Father**

**The Lord Jesus is the stable Man**

The unbroken communion between the Son and the Father; what ever existed in eternity, continued unbroken in His earthly path (see John 4v34, 5v17, 10v30, 14v31).

The consciousness of the presence of the LORD gave Him absolute steadfastness (see Mark 10v33, Luke 12v50, John 12v27), He was not moved.

Paul appreciated the Lord before Him (see Phil 4v4-5, 2<sup>nd</sup> Tim 4v16-17).

*v9: Therefore My heart is glad, and My glory rejoiceth: My flesh also shall rest in hope.*

**Absolute confidence in God in view of death**

**The Lord Jesus is the confidant Man**

In Soul & Spirit & Body, He had that quiet confidence in His God, that He would be bodily raised out of death. We too can rest in hope in view of death.

*v10: For Thou wilt not leave My soul in hell (Sheol); neither wilt Thou suffer Thine Holy One to see corruption.*

**Absolute preservation through death and resurrection**

**The Lord Jesus is the incorruptible Man**

As "**Thine Holy One**", His sinlessness & holiness demanded that death could not hold Him (see Acts 2v24) and His body could not see corruption.

In death, He would be in the heart of the earth (Matt 12v40), He descended into the lower parts of the earth (Eph 4v9), He tasted death (Heb 2v9).

He delivered Old Testament saints from the place of *Sheol* (Heb 2v14-15), and in His ascension to heaven He led captivity captive (Eph 4v8).

But He would go into death with assurance that His Soul would not be abandoned in *Sheol*.

*v11: Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.*

**Absolute delight before the face of the Father**

**The Lord Jesus is the exalted Man**

As the risen & exalted Man, He is now enjoying again the place alongside His Father (John 17v5).

'*The Man of sorrows is now the Man in the glory*' (J Flanigan).

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